



SUSTAINABLE LIVING FESTIVAL

30TH SEPTEMBER – 2ND OCTOBER



With our new Pick n Pay sponsor we are proud to bring an even bigger and better 4th annual Sustainable Living Festival to Hoedspruit. This year the event will be held on Hoedspruit Wildlife Estate from the 30th of September to 2nd October 2011.

Great attractions such as a Jacaranda live broadcast on Friday throughout the day and even Mean Mr Mustard on Saturday evening, are bound to bring you great entertainment for the weekend.

Looking after our environment is no longer a cause simply for the conservation minded. In fact, it may be the only way to ensure a good quality of life in the future, with access to sufficient water, secure food supplies, good health and ultimately even our own survival.

It is each individual's responsibility to make the lifestyle and consumer choices to reduce our

personal contribution to the causes of climate change and global warming.

With these aspects in mind, the town of Hoedspruit and heart of the UNESCO registered Kruger to Canyons Biosphere, hosts an annual **Sustainable Living Festival** to address these needs and assist in mitigating negative potentials that modern society is affecting on the world around us.

The festival will create a central platform to enable and spread the awareness of the different methods and options available, as well as to develop interest in, the various methods of, **Sustainable Living**. From making use of renewable energy within the home, recycling, water-wise and toxin free gardening, to biodynamic and organic agriculture, carbon footprint reduction and the prevention and mitigation of climate change symptoms there is bound to be something to capture your interest.

Similarly, the festival will also act as a platform for the "bringing together of minds" to discuss, evaluate and implement the many growing and burgeoning ideas related to the principals of **Sustainable Living**, Biosphere's and Climate change effects and the many debates developing around the alternative viewpoints and opinions.



Helping you reduce your carbon footprint.

One step at a time.

HOEDSPRUIT WILDLIFE ESTATE

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WORKSHOPS: Marie-Tinka at res@ottersden.co.za
GENERAL: Debby at festival@bushveldconnections.co.za
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ACTIVITIES & ENTERTAINMENT

There are a number of events and related concepts applied throughout the festival weekend. These are suitable for the whole family and are sure to entertain everyone!

Some of these awesome activities include:

- **MUSIC:** - Mean Mr Mustard Live in concert at the GKNP College, on Saturday night for only R100 per person.
- **EXHIBITORS:** - The core area of the festival is dedicated to the exhibition of products/ concepts and ideas related to the concept of Sustainable Living
- **WORKSHOPS:** - Detailed workshops, conferences and symposiums are held throughout the weekend that offer deeper/ further insight into the many concepts exhibited throughout the weekend. The three days of the event are roughly divided into the following themes as regards the hosting of workshops and events:
 - ❖ Friday – Jacaranda will be broadcasting live from the event with organic wine tasting at our culture evening - featuring performances from The Brother Moves On and Stash the Suitcase Collective.
 - ❖ Saturday – General community, family and home related focus
 - ❖ Sunday – Food, fashion, music and theology related focus
- **DEMONSTRATIONS:** - a number of creative demonstrations and activities are hosted throughout the weekend, these include:
 - ❖ Food Demonstrations to show case different nutritional concepts such as vegan foods, healthy foods for kids, brain boosting meals for kids, meatless Monday meals, raw foods and meals etc
 - ❖ Creative “upcycling” craft workshops – showing various ideas on how to make arts, crafts and décor using old items or recycled material.
 - ❖ Conservation Demonstrations – interest demonstrations from resident conservation groups such as a reptile demonstration from the local reptile park.

And these are just to name a few...



Newest technologies in 'going green' to reduce your carbon footprint

We will discuss the latest ways in which we can protect our precious Rhino, with some TV personalities such as Simon Gear making special appearances. Not to mention our splendid array of evening entertainment including Mean Mr Mustard on Saturday night. With tickets on sale for only R30 per adult and R20 per child - THIS a weekend you don't want to miss! For more information visit www.hoedspruit.co.za